

Plumas Lake Elementary Schools

Breakfast

March, 2018

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|---|--|---|---|--|
| | | | 1 | 2 |
| | | | Breakfast Sausage Sandwich Breakfast Cereal (Served with a Cheese Stick) Raisins and Seasonal Fruit | Fresh Baked Muffin Squares Breakfast Cereal (Served with a Cheese Stick) 100% Fruit Juice and Seasonal Fruit |
| 5 | 6 | 7 | 8 | 9 |
| Yoplait Fruit Smoothies and Graham Crackers Breakfast Cereal (Served with a Cheese Stick) 100% Apple Juice and Seasonal Fruit | Breakfast Burrito Breakfast Cereal (Served with a Cheese Stick) Orange Smiles and Seasonal Fruit | Bagel with Cream Cheese or Jelly Breakfast Cereal (Served with a Cheese Stick) Chilled Diced Pears and Seasonal Fruit | Sausage and Pancake Breakfast on a Stick Breakfast Cereal (Served with a Cheese Stick) Fresh Apple and Seasonal Fruit | Fresh Baked Cinnamon Roll Breakfast Cereal (Served with a Cheese Stick) 100% Fruit Juice and Seasonal Fruit |
| 12 | 13 | 14 | 15 | 16 |
| Breakfast Fruit and Yogurt Parfait Breakfast Cereal (Served with a Cheese Stick) 100% Orange Juice and Seasonal Fruit | Turkey Sausage Breakfast Pizza Breakfast Cereal (Served with a Cheese Stick) Fresh Banana and Seasonal Fruit | Pancakes Breakfast Cereal (Served with a Cheese Stick) Chilled Applesauce and Seasonal Fruit | Bagel with Cream Cheese or Jelly Breakfast Cereal (Served with a Cheese Stick) Chilled Diced Pears and Seasonal Fruit | Fresh Baked Muffin Squares Breakfast Cereal (Served with a Cheese Stick) 100% Fruit Juice and Seasonal Fruit |
| 19 | 20 | 21 | 22 | 23 |
| Yoplait Fruit Smoothies and Graham Crackers Breakfast Cereal (Served with a Cheese Stick) 100% Apple Juice and Seasonal Fruit | Breakfast Burrito Breakfast Cereal (Served with a Cheese Stick) Orange Smiles and Seasonal Fruit | Bagel with Cream Cheese or Jelly Breakfast Cereal (Served with a Cheese Stick) Chilled Diced Pears and Seasonal Fruit | Sausage and Pancake Breakfast on a Stick Breakfast Cereal (Served with a Cheese Stick) Fresh Apple and Seasonal Fruit | Fresh Baked Cinnamon Roll Breakfast Cereal (Served with a Cheese Stick) 100% Fruit Juice and Seasonal Fruit |
| 26 | 27 | 28 | 29 | 30 |
| Breakfast Fruit and Yogurt Parfait Breakfast Cereal (Served with a Cheese Stick) 100% Orange Juice and Seasonal Fruit | Turkey Sausage Breakfast Pizza Breakfast Cereal (Served with a Cheese Stick) Fresh Banana and Seasonal Fruit | Pancakes Breakfast Cereal (Served with a Cheese Stick) Chilled Applesauce and Seasonal Fruit | Breakfast Sausage Sandwich Breakfast Cereal (Served with a Cheese Stick) Raisins and Seasonal Fruit | Fresh Baked Muffin Squares Breakfast Cereal (Served with a Cheese Stick) 100% Fruit Juice and Seasonal Fruit |

Wonderful 1% White Milk and Nonfat Charming Chocolate Milk Offered At Each Meal!

Plumas Lake Elementary Schools

Lunch

March, 2018

| | | | 1 | 2 |
|---|---|--|---|--|
| | | | Hamburger Veggie Burger Seasoned Potato Wedges | Primo Pepperoni Pizza Slice Primo Cheese Pizza Slice Roasted Carrot Coins |
| 5 | 6 | 7 | 8 | 9 |
| Cheese Enchiladas Cheese Quesadilla Black Beans | Mandarin Chicken with Chow Mein or Rice Veggie Egg Roll with Chow Mein or Rice Stir Fry Veggies | Jumbo Corn Dog Fruit and Yogurt Parfait Seasoned Curly Fries | Pasta with Meat Sauce, served with Garlic Bread Pasta with Red Sauce, served with Mozzarella Roasted Broccoli | Domino's Pepperoni Smart Slice Pizza Domino's Cheesey Smart Slice Pizza Roasted Sweet Potatoes |
| 12 | 13 | 14 | 15 | 16 |
| Chili Cheese Fries Baked Cheesey Breadsticks and Pizza Steamed Green Beans | Chicken Taquitos Ultra Bean and Cheese Burrito Smooth Refried Beans | Chicken Nuggets Cheesey Crossiant Pinwheel Sauteed Spinach | Breaded Chicken Sandwich Goey Grilled Cheese Sandwich Steamed Carrot Coins | Pepperoni Galaxy Personal Pizza Cheese Galaxy Personal Pizza Tasty Tator Tots |
| 19 | 20 | 21 | 22 | 23 |
| Nacho Pack Cheese Quesadilla Salsa Cup | Teriyaki Chicken with Chow Mein or Rice Veggie Egg Roll with Chow Mein or Rice Stir Fry Veggies | Mini Corn Dogs Fruit and Yogurt Parfait Roasted Sweet Potatoes | Breakfast for Lunch - Pancakes and Sausage Breakfast for Lunch - Pancakes and Yogurt Tasty Tator Tots | Domino's Pepperoni Smart Slice Pizza Domino's Cheesey Smart Slice Pizza Roasted Broccoli |
| 26 | 27 | 28 | 29 | 30 |
| Mac N Cheese served with Corn Bread Baked Cheese Breadsticks and Pizza Roasted Corn | Crunchy Beef Tacos Cheese Quesadilla Smooth Refried Beans | Chicken Strips Grilled Cheese Sandwich Steamed Green Beans | Hamburger Veggie Burger Seasoned Potato Wedges | Primo Pepperoni Pizza Slice Primo Cheese Pizza Slice Roasted Carrot Coins |

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